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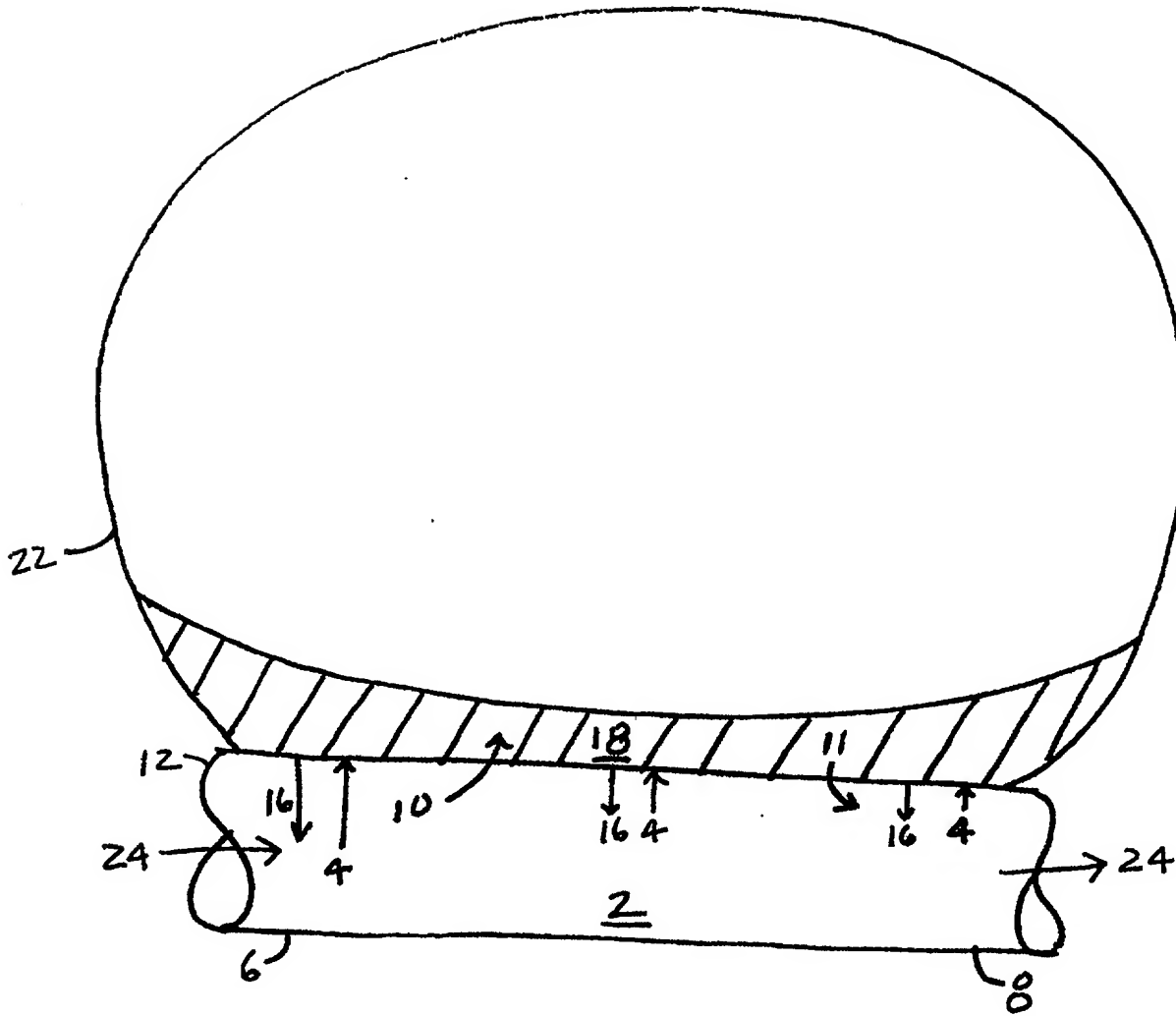


Fig. 1

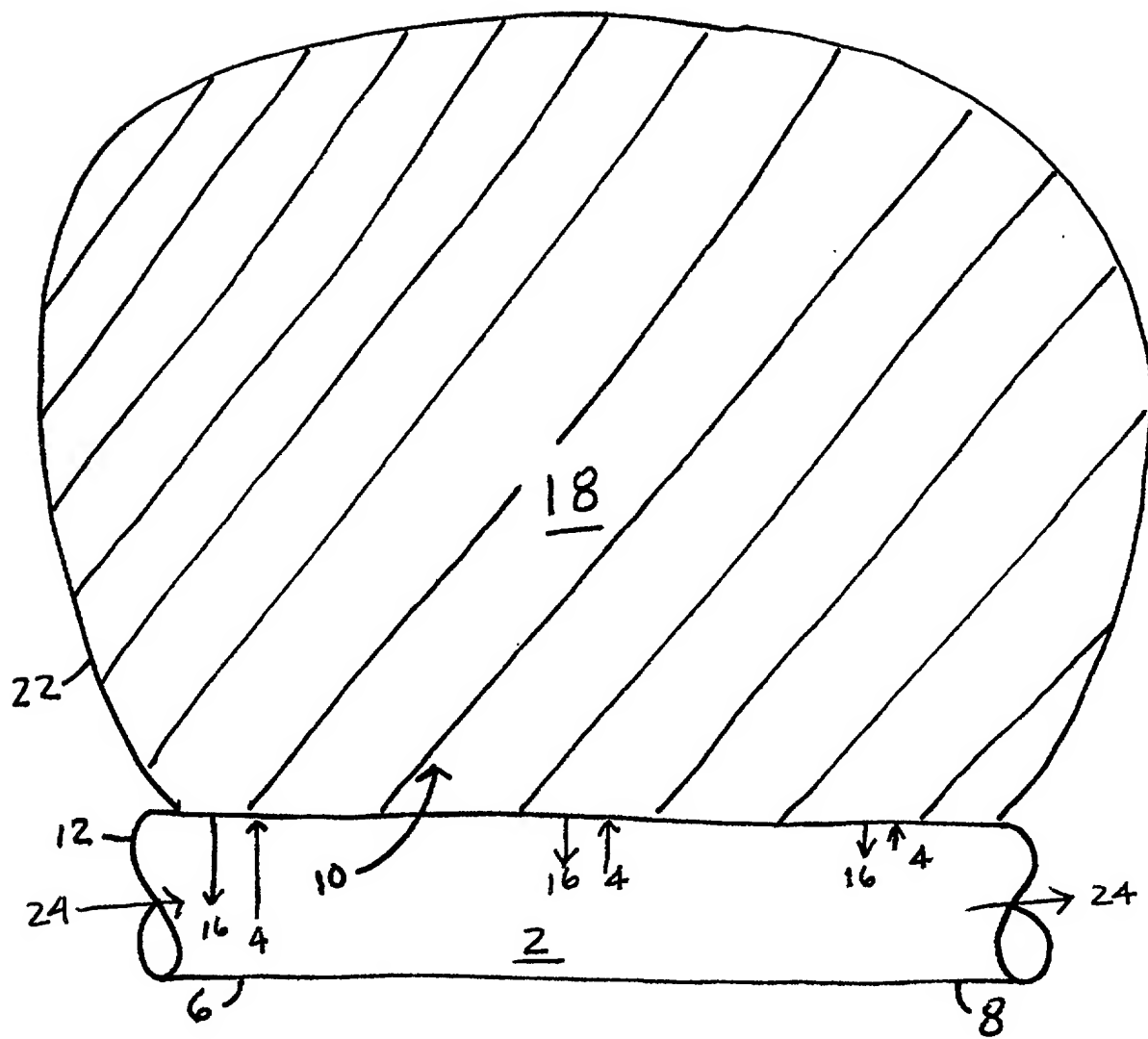


Fig. 2

10090649-030503

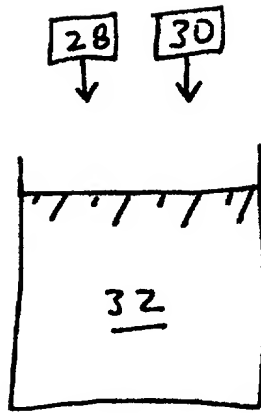


Fig. 3

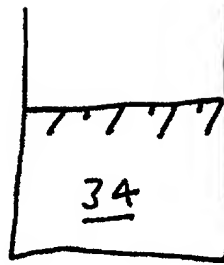


Fig. 4

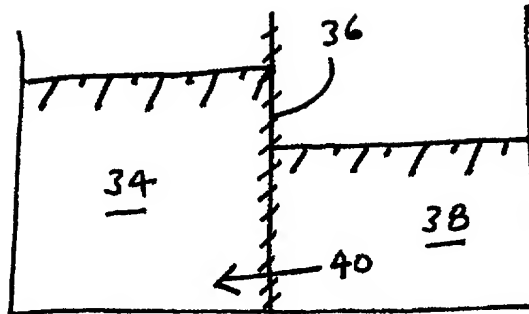


Fig. 5

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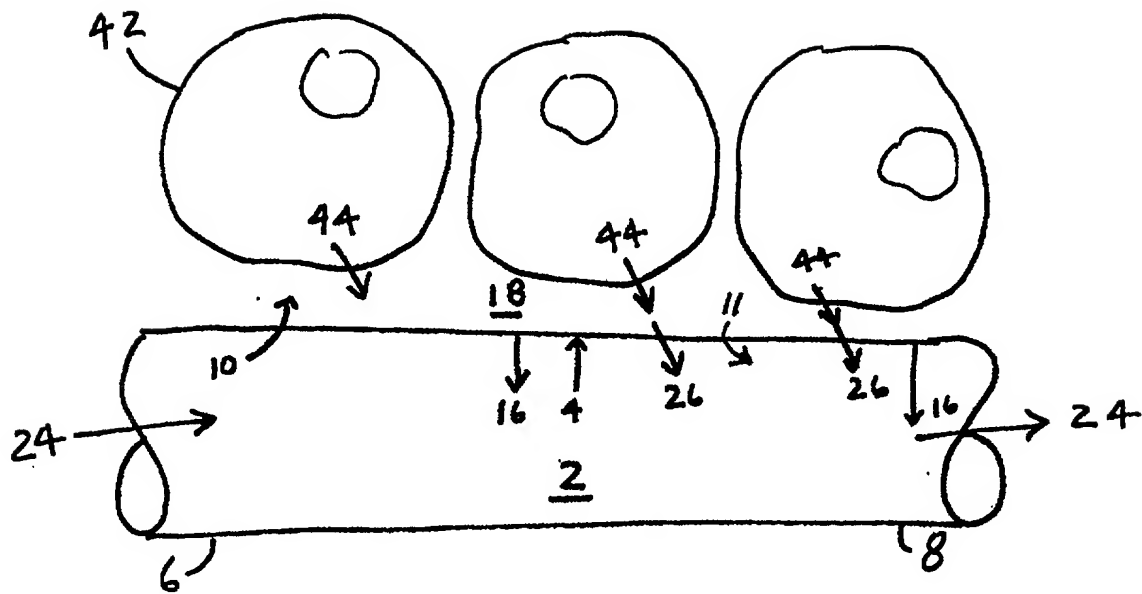


Fig. 6

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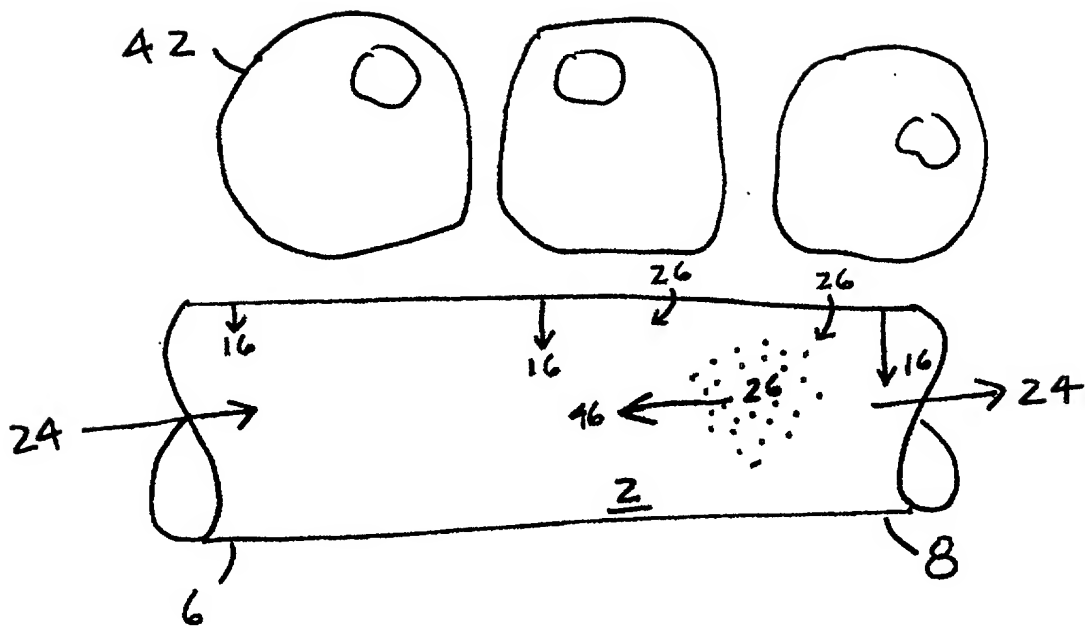


Fig. 7

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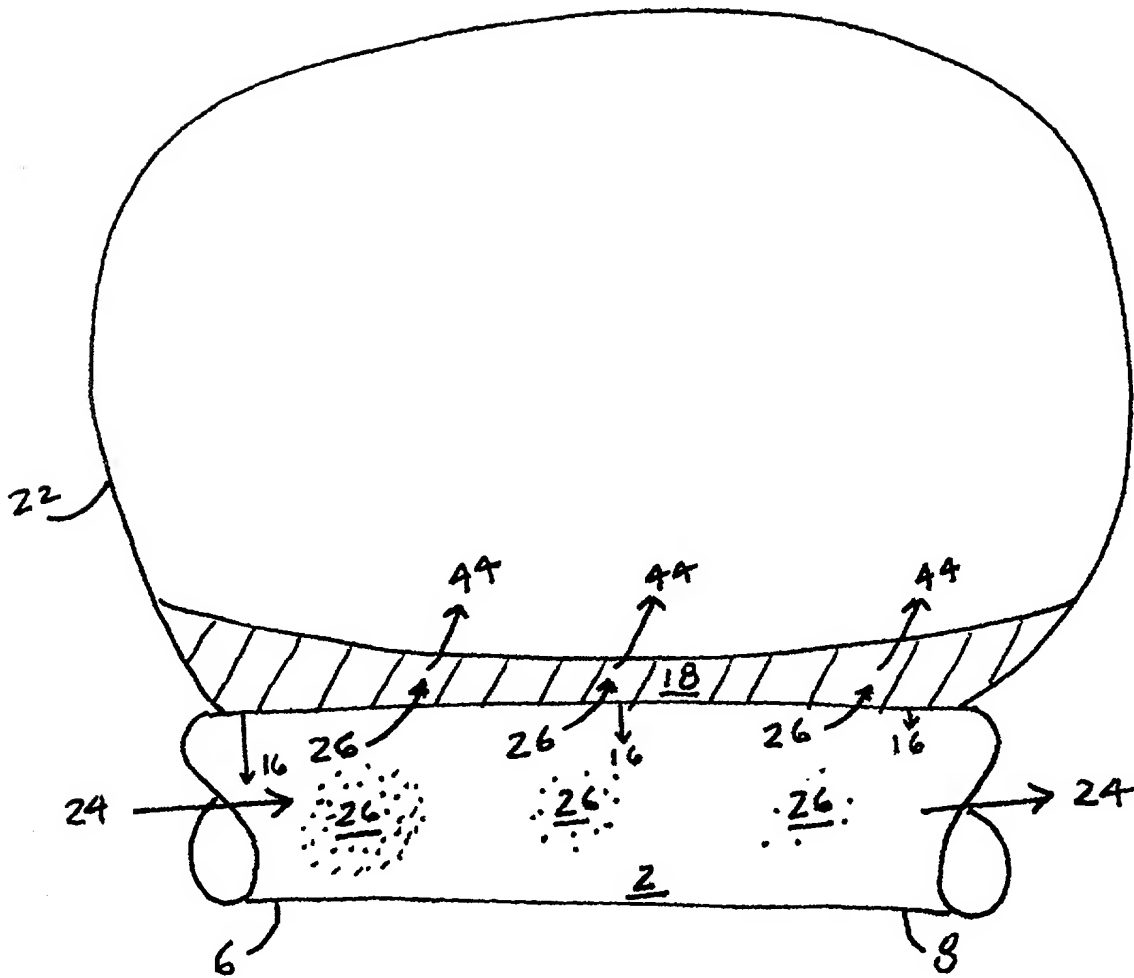


Fig. 8

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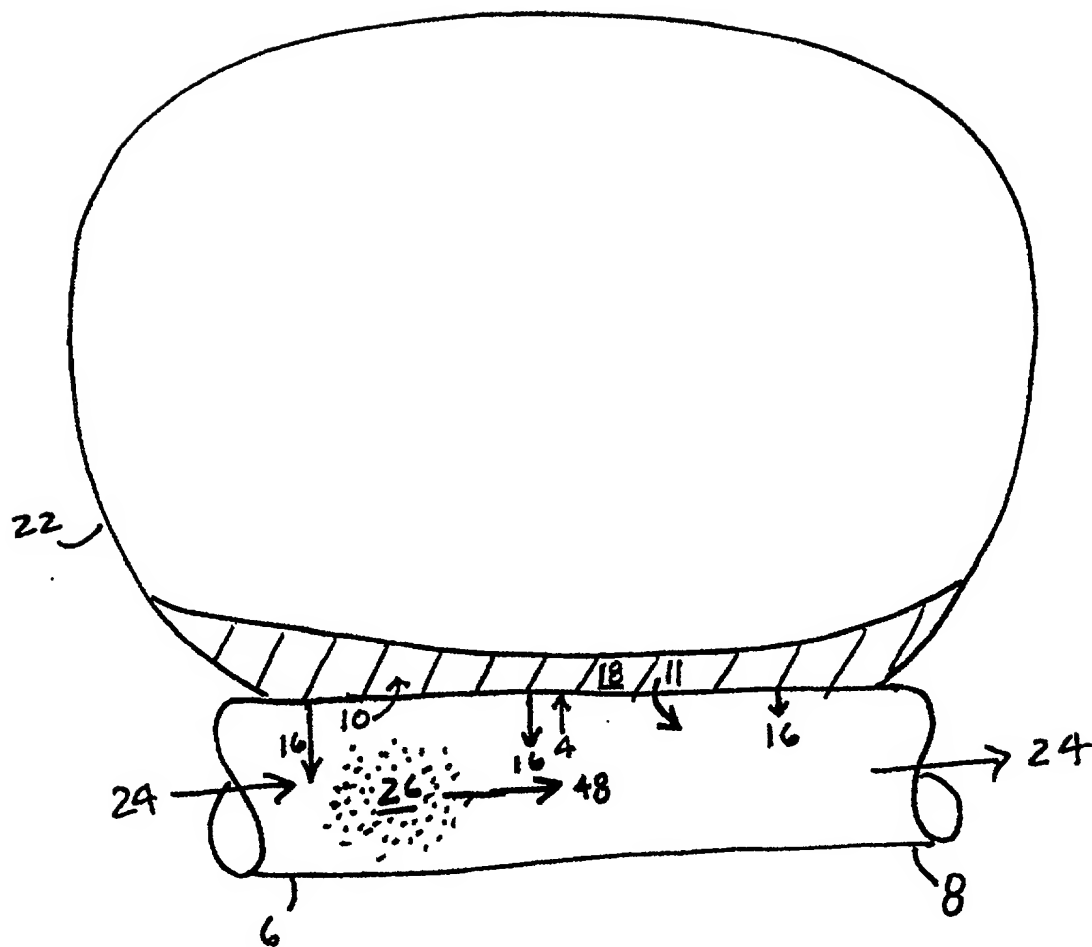


Fig. 9

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Ingesting foods to maximize HCO_3^- ion concentrations in plasma

Refraining to ingest foods that reduce HCO_3^- concentrations in plasma.

Fig. 10

maximize

$$\frac{n_{\text{carbon}} + n_{\text{O}_2}}{\text{calories per gram dry weight}}$$

maximize

$$\frac{n_{\text{O}_2}}{n_{\text{carbon}}}$$

minimize

$$\text{N}_2$$

minimize

$$\text{H}_2$$

Fig. 11